



Extraordinary Leadership

Building Trust & Developing Resilience

Trust and resilience are vital leadership competencies

The Outcomes

- Evaluate the four DiSC behavioural tendencies to better understand yourself and others
- Explore trust as a leadership skill
- Practice The Four Elements of Trust
- Consider how The Five Pillars of Resilience apply to you
- Explore the impact of Pressure vs Performance
- Recognise what underpins resilience
- Create a personal action plan

How do you build trust and develop resilience with those around you?

Trust and resilience are not traits that people either have or don't have.

They involve behaviours, thoughts and actions that must be learned and developed.

The ability to bounce back - or forward - from the stresses and strains of change and uncertainty is vital, and yet it remains a 'nice to have' in the minds of many.

So how do you discover ways to build trust and develop resilience with those you work with, thereby fostering greater productivity and higher employee engagement and retention in the process?

By driving a culture of openness and resilience

This interactive worksession is for anyone who wants to develop a culture of improved openness, inclusivity and emotional awareness in their workplace.

Starting with an Everything DiSC Profile we will explore your preferences and tendencies and how your behaviour may impact those around you.

This worksession is ideal for anyone seeking a set of tools to support themselves and others during periods of change and uncertainty.

